

Masha Malka

Inspirational keynote speaker, Facilitator & Workshop leader

Compassion, Humor & Inspiration

Whether you need an inspirational keynote speaker or a facilitator and workshop leader for your retreat, mastermind or client appreciation kickoff, Masha's style is one that will leave audience with a renewed sense of what is possible in their life.

Masha Malka has been inspiring audiences around the globe for over 15 years.

With a unique style that has been described as "understated power" Masha's presentations are a blend of compassion, humor and inspiration.

Speaking topics

Mastering Your Emotions, Mastering Your Life

Engaging and content driven, this presentation is filled with practical tips to reduce stress, release frustration, fear, doubts, negative self-talk and other destructive feelings that prevent individuals from doing their best.

Year at a Glance – Six Proven Steps to Gaining Clarity of the Road Ahead and Designing a Comprehensive Road Map to Getting There

A step-by-step comprehensive, well-structured system that gives the participants the tools to get from where they are today to where they want to be by clarifying their purpose, long-term vision, and core values as well as designing a workable and balanced action plan. Suitable for workshops and interactive environments.

Balancing Your Life: How to get more done with less effort and other time-saving tips

This presentation helps those with hectic lifestyles stay focused and balanced. A mother of three, living a life of healthy balance, Masha passionately shares practical & insightful tools on how to increase productivity, fulfillment, quality of work and life by creating a balanced life.

Awaken the Goddess Within – Rediscover the Power of Feminine Energy and How to Apply It to Become an Exceptional Manifester.

Powerful and life-changing presentation for women. Helping them to connect and better understand their feminine energy and how to effectively apply it at home, at work, and in everyday life.

Awakening and unleashing feminine power will assist women with being more creative, looking and staying younger and more attractive, improve their physical, mental, and emotional health and help them become powerful manifesters of their heart's desires.

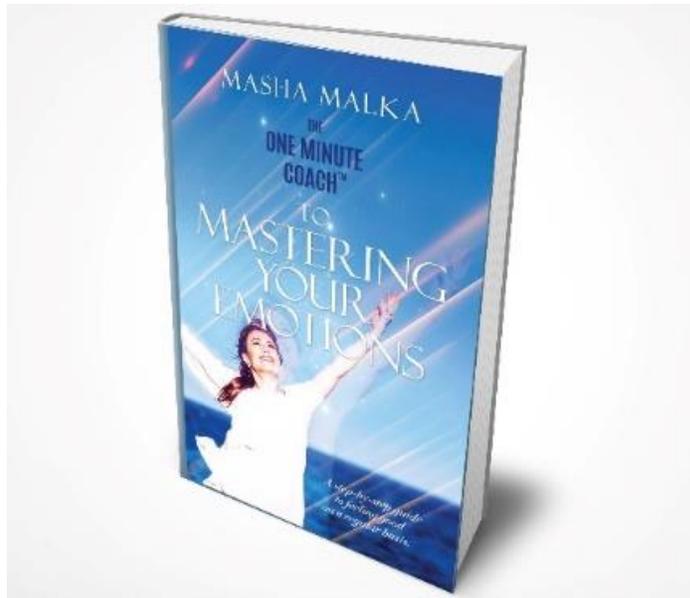
Fully customized keynotes, training and mastermind experiences

Masha Malka has a unique style that appeals to audience from around the globe. As the founder of The One Minute Coach™ series, Masha shows how change can happen one minute at a time.



The One Minute Coach™ to Mastering Your Emotions

To experience life, in all its aspects without judgement means you need to master your emotions. Understand how to control your emotions and work with them rather get swallowed up by them. Learn to navigate your life to have the kind of experiences you desire. Using this unique format for The One Minute Coach™ series, this book is full of concentrated knowledge.



Available on Amazon.com

This is a powerful, practical book, loaded with great ideas you can use to get better results in every area. **Brian Tracy**
Best-selling author and top speaker on personal and professional development

Great speaking! The most interactive class yet!
Great job! **Philip Jones**
Lecturer – Marbella International University Centre

You really make a difference! I recommend you to all the people who are interested in their own further development.” **Marianne de Wit**
Manager, ABN-AMRO Private Banking, Marbella, Spain

Masha Malka gave a superbly inspirational talk to the members of the Sotogrande Women Club! The meeting was a huge success! **Irene Rosenblatt**
Founder Sotogrande Women Club

Masha Malka has defied the odds throughout her life. Leaving the only life, and country, she had known, Masha Malka's life turned upside down when she became a Soviet refugee at the age of 17.

Living below the poverty line, wondering where her next meal would come from to decades later dealing with a very difficult break-up of a 20-years marriage, living in seven countries, to becoming an internationally recognized author, speaker and a life and executive coach to hundreds of clients has given Masha the unique ability to understand what it takes to turn your life around.

With fire in her belly and determination beyond compare, Masha built a successful import and distribution company, taught Business Leadership at MUIC, won Ballroom dancing competitions, and got her Master's Degree in Higher Education while raising three children.

Masha is a best-selling author of *The One Minute Coach: Change your life one minute at a time*. She's the author of *Discover Your Inborn Genius e-book*; a contributing author to the *Chicken Soup for the Soul: Power Moms*; the *Power of Persistence* book; *Achieve Your Ultimate Success DVD*, and much more. Her most recent book, *The One Minute Coach to Mastering Your Emotions* is part of The One Minute Coach™ series of books

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**THE
ONE
MINUTE
COACH**